

Money Matters



For Mental Health Consumers

Enabling People to Better Manage Their Financial Assets

This program is offered to persons with mental health concerns. Mental health consumers will learn to organize their personal finances, and have access to fiscal management help.

Financial Training (6 - 12 hours)

The program is comprised of two components:

Financial Administration (1 month – 2 years)

Money Matters offers Training and Administrative support

Financial Training (6-16 people per class)

- Developing Assets
- Budgeting
- Credit /Debt Handling Strategies
- Banking
- Consumerism
- Stretching Your Dollar

Financial Administration

- Managing money
- Maintain Financial stability
- Negotiating with creditors
- Ensuring bills are paid
- Developing positive credit rating

For Further Information Contact the Money Matters Facilitator

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Phone: 272-9310 ext 233 fax: 235-4646

In Partnership with:

CASS
Calgary Alternative
Support Services



MCC
Employment
Development

CHR
Calgary Health
Region