



Canadian Mental
Health Association
Calgary
Mental health for all

Street Outreach and Stabilization Program



The Street Outreach and Stabilization Program (SOS) works to link hard-to-reach individuals experiencing mental health or addiction concerns to essential community services.

Support and Resources

The SOS team supports individuals with resources needed to help turn their lives around. SOS coordinators offer specialized, culturally inclusive supports to Indigenous people who have mental health or addiction concerns and experience homelessness. Linkage to psychiatric and medical treatments, income support, housing referrals and daily living skills enables homeless individuals to get back on their feet so they can live in safety and comfort.

Intake and Referrals


Intake to the SOS program usually occurs in shelter facilities or other community-based partner agencies. A referral can be received from any professional or can be a self-referral. The client must consent to the referral in all cases. Once a client is referred, a SOS coordinator will discuss their requirements, strengths and preferences to develop an individual service plan. The service plan identifies areas of need, as well as outlines the services and activities necessary for the client to meet identified goals and improve their journey to recovery. If the client is not ready for direct service, the coordinator will continue to build a rapport with the client through the outreach component until a stronger relationship is developed.

Canadian Mental Health Association – Calgary Region

#105, 1040 – 7 Avenue SW, Calgary, AB T2P 3G9

P 403-297-1700 **F** 403-270-3066

cmha.calgary.ab.ca

 [cmhacalgaryregion](https://www.facebook.com/cmhacalgaryregion)

 [CMHACalgary](https://twitter.com/CMHACalgary)

 [cmhacalgary](https://www.instagram.com/cmhacalgary)