

Fall/Winter Collection Drive



We would like to thank our greater community for supporting CMHA Calgary programs and services. Due to COVID-19, CMHA Calgary is limiting foot traffic throughout our main office. Please contact Emily Braun at emily.braun@cmha.calgary.ab.ca to schedule a date and time to drop off your items.

*Due to COVID-19, **all items collected must be new.** We are unable to accept used items at this time.*

Basic Wear

- Durable Bag/ Backpack ☆
- X5 -Regular & Thermal Socks
- Scarf
- Toque
- Gloves
- Thermal Blanket
- Rain Poncho
- MENS Winter Jackets (ALL Sizes)
- MENS Snow Pants (ALL Sizes)
- Underwear (Men & Women, ALL SIZES)

Toiletries

- Lotion
- Chapstick
- Deodorant (Men & Women)
- Toothpaste
- Cough Drops
- Toothbrush
- Feminine Hygiene
 - Pads
 - Flushable Wipes
- Tissues
- Hair Elastics
- Shampoo & Conditioner
- Comb/ Hairbrush
- Re-usable masks ☆
- Soap Bars & Portable Soap Container

Survival

- Sleeping bags
- Reusable Water Bottle
- Band- Aids
- Journal + Pens
- Hand warmers/ Feet warmers ☆
- Tube Tents

Snacks

- Meal Gift Cards
- Granola bars (peanut free)



☆ **High importance item*