



# CMHA Calgary's Collection Drive Details

## January - February 2020



These monthly collection drives are for clients who are moving out of CMHA Calgary's supportive living homes, transitioning into independent living apartments, and the vulnerable clients of our Street Outreach and Stabilization team. The donated items help make clients feel more independent and prepare to embark on their recovery journey.

### TOILETRIES *(Mix of regular and travel sizes)*

- Soap, shampoo, conditioner, and other shower items
- Toothbrushes, toothpaste, dental floss
- Feminine hygiene products
- Shaving cream and razors
- Toilet paper
- Facecloths, loofahs, towels
- Hand and body creams

### KITCHENWARE

- Pots and pans
- Dishes
- Cutlery
- Cups and mugs
- Coffee maker
- Baking sheets
- Cooking and baking utensils

### EVENT PASSES & GIFT CARDS

- Coffee: Starbucks, Tim Hortons, etc.
- Entertainment: Movie passes, Telus Spark, The Calgary Zoo, The Rec Room, Calaway Park, etc.
- Grocery: Shoppers Drug Mart, Superstore, Co-op, Walmart, etc.

### CLOTHING

- Regular and thermal socks
- Scarves, toques, gloves, mitts
- Winter jackets (ALL SIZES - No child sizes)
- Snow pants (ALL SIZES - No child sizes)
- Snow boots (ALL SIZES - No child sizes)
- Sweaters and Sweatpants (NEW)

### BED-IN-A-BAG *(MUST be new)*

- Twin sheets
- Duvet
- Pillows and pillowcases

★ **High demand**

