**Canadian Mental Health Association – Calgary Region**

*18th Annual Survivors of Suicide Loss Day*

Saturday, November 5 from 9 am – 3 pm MST

**Social Media Bank**

**CMHA Calgary’s Social Media Channels**

* **Facebook:** [@cmhacalgaryregion](https://www.facebook.com/cmhacalgaryregion)
* **Twitter:** [@cmhacalgary](https://twitter.com/CMHACalgary)
* **LinkedIn:** [@Canadian Mental Health Association - Calgary Region](https://www.linkedin.com/company/canadian-mental-health-association---calgary-region/mycompany/?viewAsMember=true)
* **Instagram:** [@cmhacalgary](https://www.instagram.com/cmhacalgary/)

**Link To Registration:** <https://secure.cmha.calgary.ab.ca/attendee-registration-survivors-suicide-loss-day-2022>

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| **Captions** |
| Every year, over 500 people die by suicide in Alberta. Those left behind often navigate a complex grief process that comes with a loss by suicide.  To support those left behind, TAG CMHA CALGARY is hosting an in-person Survivors of Suicide Loss Day on Saturday, November 5, 2022 from 9 am – 3 pm MST located at Ross Glen Hall, Mount Royal University.  Due to the highly emotional and sensitive nature of the day, this event is primarily intended for adults over the age of 16.  To register, please click the link: <https://secure.cmha.calgary.ab.ca/attendee-registration-survivors-suicide-loss-day-2022>  -  Every year, TAG CMHA CALGARY hosts a Survivors of Suicide Loss Day for those left behind from a loss by suicide. Due to the highly emotional and sensitive nature of the day, this event is primarily intended for adults over the age of 16.  To register, please click the link: <https://secure.cmha.calgary.ab.ca/attendee-registration-survivors-suicide-loss-day-2022> |