



CHRISTINE FOWLER

DIRECTOR, HUMAN RESOURCES

Christine Fowler (she/her) has worked in human resources for nearly 20 years – both in the corporate and non-profit sectors. She is passionate about connecting with people, and building teams and feels energized when teams are working together at their best.

Christine has a Degree in Psychology, a Certificate in Human Resources Management, and is currently completing her Professional Coaching Certification.

Christine's career in human resources started at a brewery where she worked for eight years. As Vice-President of Corporate Services, she built the HR department from the ground up. Christine was integral in developing new compensation plans, benefit plans, and a robust training and development program – all designed to successfully increase employee retention. Christine comes to CMHA Calgary from a child and youth advocacy centre, where she was responsible for leading human resources, strategic development, and governance. Prior to that, Christine worked at a luxury homebuilder where she managed human resources and community relations. One of her highlights there was developing and executing action plans that increased employee engagement year after year. She was also a member of the Integration Team responsible for aligning all human resource practices and policies following an acquisition.

At CMHA Calgary, Christine is the Director, Human Resources. Her role includes oversight of the organization's personnel policies and strategy, talent management, recruitment, compensation and benefits, workplace wellness, payroll, and internal employee support. She leads a team of five human resource team members and is passionate about providing leadership and direction for her team and all the employees at CMHA Calgary.

Outside of work, Christine has a passion for music and animals. Christine lives in Inglewood and loves being part of this vibrant community, where she is surrounded by water, trails and unique shops.