



# MICHELLE WAGNER

DIRECTOR, OPERATIONS - COMMUNITY MENTAL HEALTH AND WELLNESS

Michelle Wagner (she/her) is a dedicated leader who is passionate about working with people in the community and supporting those who are seeking help. Michelle is both focused and strategic in her approach, recognising the value in connecting with stakeholders, creating mutually beneficial partnerships, and investing in the relationships that will ensure sustainable progress is achieved.

Throughout her 25+ year career, she has gained experience in a wide variety of sectors holding positions in the energy sector, insurance sector and the not-for-profit sector. This experience includes serving as: Executive Director for Airdrie Victims Assistance Society, Organization Lead for International Blue Zone, Director, of Community Innovation with Abrio Health and as an HSE Program Manager with TC Energy. In addition to her experience, Michelle has completed the MBA Essentials Program at the University of Toronto's Rotman School of Management, holds a certificate from the International Association of Public Participation (IAP2) Canada and holds a Diploma in Social Work from Grant McEwan University.

As the Director of Operations for Community Mental Health and Wellness at Canadian Mental Health Association – Calgary Region (CMHA Calgary), Michelle oversees the design, development, and implementation of CMHA Calgary's Peer Support, Recovery College, School of Peer Support, Counselling, and Community Education programs. Michelle embodies the definition of a servant leader, always seeking out thoughtful and considered ways of supporting and empowering her team, growing organizational capacity, and being a champion for a culture of compassion, wellness, and well-being. A significant portion of Michelle's role is to evaluate future needs and invest in the resources and programs necessary so that CMHA Calgary is well positioned to meet those needs when they arise. Michelle is also a valued member of the organization's Senior Leadership Team where she provides insight, input and real world experience in the development of strategic plans and in the disciplined execution of tactical initiatives.

Outside of her work, Michelle loves running, attending the theatre, traveling, and connecting with friends. She is also a trauma-informed yoga instructor (trained in Iyengar, Yin, Thrive, and meditation) and teaches private classes.