

AMH Supported Housing

Program Overview & Criteria

Overview

AMH Supported Housing is a network of recovery-focused mental health housing programs. Our treatment-based, transitional housing programs are designed for individuals seeking stabilization and ongoing support for their mental health diagnoses. Clients are provided with support for: Activities of Daily Living (ADLs), skill-building, and fostering independence. Clients also have access to a range of therapeutic and psychoeducational groups. Our goal is to support clients in transitioning to appropriate levels of care and housing.

Program Requirements

- Individuals must be willing to participate in programming
- Willing to develop treatment goals
- Willingness to engage with non-Recovery Alberta professionals regarding their goals
- Must meet landlord requirements of tenancy
- Attend reviews with the AMH Supported Housing team

Inclusion

- Actively engaged with a Recovery Alberta Clinic/Program
- Have an assigned Recovery Alberta Case Manager and Psychiatrist
- 18+ at time of admission to a housing program
- Moderate to Severe Mental Health concerns
- Diagnosis of a Moderate and Severe Mental Health Disorder as per DSM 5-TR criteria
- Clients must demonstrate a need for mental health supportive housing.
- Ability to manage physical health concerns.
- Ability to pay program fees (i.e. rent)

Exclusion

- Physical health needs require professional intervention and support
- History of violence while engaged in treatment
- Primary intervention needs revolve around concerns related to TBI, PDD, FASD
- Family housing not offered (i.e. couples, parent/guardian with children or dependents).
- Accessible/barrier-free options are not available at most housing programs

Referral

Referrals for AMH Supported Housing are processed via Strata Pathways. Alberta Health Services and Recovery Alberta professionals can obtain access to Strata Pathways via My Learning Link. Clients who are not connected to a Recovery Alberta program are not eligible for a referral but can connect with our team for housing consultation.