

STREET OUTREACH AND STABILIZATION

Up to 70% of homeless individuals have a mental health disorder, which often leads to a deteriorated quality of life.



**Canadian Mental
Health Association**
Calgary
Mental health for all

The Street Outreach and Stabilization (SOS) program works to link hard-to-reach homeless individuals experiencing mental health concerns to essential community services.

The SOS team supports individuals with resources needed to help turn their lives around. SOS coordinators offer specialized, culturally inclusive support to Aboriginal people who have mental health concerns and experience homelessness.

Linkage to psychiatric and medical treatments, income support, housing referrals and daily living skills enables homeless individuals to get back on their feet so they can live in safety and comfort.



Canadian Mental Health Association (CMHA) – Calgary Region was established in 1955 and is an independent branch of Canada's most established national mental health organization. CMHA facilitates access to the resources people require to maintain and improve mental health and community integration, build resilience and support recovery. CMHA – Calgary Region builds awareness and provides education, advocacy and support for individuals and families living with mental health disorders, a loss by suicide or addiction.

We provide over 15 community-based support programs like supportive and independent living, homeless outreach, recreation, suicide bereavement support and peer support programs for families and individuals. We work closely with other community organizations to bridge gaps in the mental health care system and facilitate access to important services and resources.

Our Vision – Mental Health for All

FOR MORE INFORMATION

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