



**Canadian Mental
Health Association**
Calgary
Mental health for all

Are you a dynamic, committed individual looking to make a difference in the lives of members of our community?

The Canadian Mental Health Association – Calgary Region is a leader in promoting mental health and wellness through comprehensive community-based services for individuals, families, groups and organizations. Established in Calgary in 1955, we are a community based organization that provides mental health education and support services. We are currently accepting applications for the position title below:

In return for your commitment: CMHA offers their employees a competitive salary, work/life balance, career planning as well as professional development opportunities. Come and work with other amazing individuals that are as committed to helping, learning and growing as you are!

POSITION TITLE: **Individual or Family Peer Supporter – Training, Internship and Community of Practice Participant**

POSITION SUMMARY: The Peer Support Trainees will learn to provide Peer Support to Individuals or Family members through one-on-one, groups and ambassador opportunities.

PLACEMENT: **Successful candidates will have the opportunity to receive 70 hours of training, 50 hours of paid internship with mentoring, support from a community of practice and opportunities for employment**

Qualifications/Requirements:

- You have personal lived experience or experience in supporting a loved one or family member with a mental health concern.
- Experience working or volunteering within addiction or mental health considered an asset.
- Familiarity with peer support and have a deep commitment to understanding of the recovery model, and willingness to share your recovery story as part of your peer role.

Peer/Client Service Responsibilities:

- Commitment and availability to attend 70 hours of training and 50 hours of internship over 5 months
- Willingness to be mentored by a fellow peer
- Participate in the CMHA 'Peer Community of Practice' and ongoing peer support mentorship program
- Remain current with new policies, services, resources and legislation applicable to the mental health community and peer movement.
- Demonstrated behaviour consistent with organizational values and peer support code of conduct.

Skills and Personal Attributes:

- Ability to effectively provide empathetic and supportive direction via all communication types.
- Supports peer empowerment and assists peers in learning how to advocate for their own needs.
- You demonstrate deep respect not only for clients but for the teams you support, your peers and community partners.
- Active listening skills.
- Strong relationship building skills.

- Demonstrates good judgement regarding boundaries and limitations related to peer's concerns, a peer's personal or financial concerns and interpersonal relationships with peers.
- Sound judgement and the ability to work independently and as part of a team.

APPLICATION INFORMATION:

To apply send your your **cover letter and your resume** to CMHA Human Resources Dept at hr@cmha.calgary.ab.ca. If your application is successful, police information and reference checks will be conducted (a history of charges will not in most cases exclude you), and you will be invited to an interview which will be led by fellow individual or family peers.

Thank you for your interest.

While we appreciate all the submitted applications,
we will only contact the candidates considered for this position.
We will post this position until suitable candidate is selected.